

# Join The Movement! Friday, Feb. 4th Is National Wear Red Day for Women



Sharon Postell, R.N., a registered nurse at the Atlanta Cardiology Group, P.C., pins a Red Dress pin on Mrs. Zelma Smith of Lake Oconee in honor of National Wear Red Day for Women on February 4th in the fight against heart disease.

Wear Red and the red dress sticker to show that you have joined the movement to take charge of your heart health and live a longer, stronger life. Help raise awareness that heart disease is the No. 1 killer of women and empower the women who are important in your life by sharing how they too can reduce their risk.

The National Coalition for Women with Heart Disease have released alarming statistics regarding women and heart disease. Here are just a few:

8,000,000 American women are currently living with heart disease - 10% of women age 45 - 64 and 25% age 65 and over.

13% of women age 45 and over have had a heart attack.

Heart disease is the leading cause of death of American women.

The Atlanta Cardiology Group, P.C., located at Lake Oconee, is presenting their patients with the Red Dress pin in honor of National Wear Red Day for Women and encouraging them to wear the red pin on February 4th in honor of this special day.